



SAFQUAL Award in First AID & AED



Overview:

The Award in First Aid & AED is designed to equip participants with the knowledge and skills necessary to provide immediate assistance and potentially save lives in emergency situations. The course focuses on essential first aid techniques and the effective use of an Automated External Defibrillator (AED). Participants will learn how to assess and manage various medical emergencies, including cardiac arrest, choking, bleeding, fractures, and more. The course emphasizes practical hands-on training, ensuring participants gain confidence in their abilities to respond effectively in real life situations.

Who need this Qualification?

- **Employees & Workplace First Aiders:** Designated individuals responsible for first aid in the workplace.
- **Supervisors & Managers:** Ensuring emergency preparedness and compliance with health & safety laws.
- **Construction & Industrial Workers:** Handling job site accidents and medical emergencies.
- **Security & Public Safety Personnel:** Responding to injuries in public spaces.
- **Retail, Hospitality & Office Workers:** Dealing with customer or staff emergencies.
- **Teachers, Coaches & Caregivers:** Assisting students and children in emergency situations.
- **Self Employed & Small Business Owners:** Ensuring workplace safety compliance.

Duration:

The Qualification has a recommended course duration of 1 Day

Validity:

The certificate is valid for 3 years. A refresher course is recommended before expiration to maintain certification.

Where can this course be taken?

Through any SAFQUAL approved training centre (ATC).



Modules

The course modules for the Award in First Aid & AED at Work include:

- Introduction to First Aid
- Understanding the Role of a First Aider
- Primary Survey and Assessing the Scene
- Cardiopulmonary Resuscitation (CPR)
- Use of Automated External Defibrillator (AED)
- Dealing with Choking and Airway Obstruction
- Managing Bleeding and Wound Care
- Fractures, Sprains, and Strains
- Burns and Scalds
- Medical Conditions: Stroke, Heart Attack, Seizures
- Environmental Emergencies: Heatstroke, Hypothermia



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